

Free training for carers

Moving & Handling People

**27 February
10am – 4pm**

To book your place, please fill in the enclosed booking form and return in the Freepost pre paid envelope provided with a £10 refundable upon attendance deposit to Ruth Laws at the Carers' Information Service

To guarantee your place the booking form and deposit should be returned no later than **7 February**

Please complete both sides of the booking form

Upon receipt of your booking form a confirmation letter, map and directions will be sent to you

Refreshments & lunch will be provided on the day
Please note any special dietary requirements on the booking form

Ruth Laws
Volunteer & Training Coordinator
Courtyard House, 1d Church Road,
Croydon, CR0 1SG

