

Free training for carers

# ***First Aid Awareness for Carers of an Adult***

**13 March  
10am – 3pm**

To book your place, please fill in the enclosed booking form and return in the Freepost pre paid envelope provided with a £10 refundable upon attendance deposit to Ruth Laws at the Carers' Information Service

To guarantee your place the booking form and deposit should be returned as soon as possible

Please complete both sides of the booking form

Upon receipt of your booking form a confirmation letter, map and directions will be sent to you

Refreshments & lunch will be provided on the day  
Please note any special dietary requirements on the booking form

Ruth Laws  
Volunteer & Training Coordinator  
Courtyard House, 1d Church Road,  
Croydon, CR0 1SG

